

MURRAY FUN DAYS 5K

Utah's Premiere
5K Race on July 4th

Thursday, July 4, 2013

Murray Park West Entrance off of State

Starts at 8:00 am

\$20 Early Bird Special Registration to June 21, 2013

\$25 Registration from June 22-28

\$18 If a USAT&F member by June 21

**\$10 Kids Race 9:00 am 1/2 mile
(must be registered by June 28)**

**Early Bird
Registration**

Race packets with bib can be picked up between 7:00 am to 7:45 am on the day of the race.
Please no BANDIT RUNNERS!

Registration deadline is **Friday, June 28, 2013**

Registration Form

Name _____

Address _____

City/Zip _____

Phone _____ Cell Phone _____

Email _____

Gender _____ Age _____ USAT&F# _____

5K Divisions: Please circle your division!

11 & under, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84,
Clydesdale

Kids Race Please Circle one: 4-6 year olds, 7-9 Year Olds

T-Shirt: Please circle your shirt size:

YS YM YXL AS AM AL AXL AXXL AXXXL AXXXXL

Release and waiver (Please Read)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives, successors, or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, in the course of my participation.

This release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or an other record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature _____

Date _____



USTAF LDR Road Racing Circuit Race

Top 3 Open Male and Female and Top 3 Masters Male & Female (40 & Over) receive Cash prizes. 1st place \$100, 2nd Place \$75 and 3rd Place \$50

Awards

includes 1st, 2nd and 3rd awards to the top 3 finishers in each age division in both male and Female.

Race Course

Race starts in front of Murray Park on State Street and runs south on State Street to 5850 South. Then it heads north on State Street to Vine Street. From Vine Street to the north entrance to Murray Park and finishes in the west end of the Park. There will be road closures to prevent traffic on the route.

Timing System

Computerized timing system will be used for quick up to date race results.

Kids Race

A kids race will be held featuring a 1/2 mile course inside the park. This race is for ages 4-9. All kids receive a race medal and t-shirt. Cost is \$10. This races stars at 9:00 am Must advance register for this race by June 28, 2013.

Great food and prize drawing

Participants will have the opportunity to draw for great prizes. Participants will be treated to fruit, bagels juice bars and water.

Register online at www.mcreg.com

You will need a barcode and pin number to register online. Call 801 264-2614 if you haven't participated before. You can also mail the this form and fee to 296 East Murray Park Avenue, Murray UT 84107 or bring it in person to the Murray Parks and Recreation Office in Murray Park.

